



Woodburn Nuclear Medicine Metro Region PET Center

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Nuclear Medicine Referral Form

Call Stat Report Fax Report Phone Report Patient to Return with Films

Patient's Name:		Patient's Phone:		Appointment Date:		Appointment Time:	
Referring Physician's Name:				Physician's Signature:		Physician's Phone/Fax: P: F:	
Physician's Address:							
Diagnosis (Reason for Testing / Comments / Special Remarks):							

IF YOUR TEST IS FOLLOWED BY AN ASTERISK (*), PLEASE REFER TO THE BACK FOR ADDITIONAL INFORMATION/INSTRUCTIONS.

Bone*

- Whole Body Bone Scan
- 3-Phase Bone Scan
Specify Area: _____
- Bone SPECT Scan

Cardiac

- Myocardial Perfusion Imaging (MPI)*
Specify Stress Method:
 Lexiscan (Regadenoson)
- Adenosine
- Dobutamine
- Treadmill

MUGA*

First Pass Study

CNS*

- Brain SPECT Scan

Endocrine*

- Thyroid Scan and Uptake (I-123)
- I-123 Whole Body Scan
 Thyrogen Withdrawal
- Parathyroid (Sestamibi) Scan
- I-131 Therapy Hyperthyroidism
- I-131 Therapy Ablation**** (See Below)
- I-123 MIBG Adrenal Scan

Gastrointestinal*

- Hepatobiliary Scan (HIDA)
- Hepatobiliary Scan with CCK
- Liver/Spleen Scan
- Hemangioma Study
- Meckel's Diverticulum Scan
- Gastric Emptying Study
- Milk Aspiration Scan

Pulmonary*

- Lung V/Q Scan
- Lung Quantitative Scan

Genitourinary

- Renal Scan*
- Renal Scan with Lasix*
- Renal Scan with Captopril*
- Renal Cortex Scan (DMSA)
- Cystogram

Miscellaneous*

- Labeled WBC Scan
- Gallium Scan
- Octreoscan (In-111)
- Strontium/Samarium (Bone Pain Therapy)
- Zevalin/Bexxar Therapy
- Other: _____

** For **I-131 Therapy Ablation**, please have nuclear medicine physician call to discuss I-131 dose. Yes No

Please administer _____ mCi of I-131 ablation dose.

Please administer appropriate dose for patient pathology and age.

CT Scan

PLEASE FORWARD ALL DIAGNOSTIC IMAGING REPORTS FROM THE PAST 12 MONTHS THAT PERTAIN TO THE PATIENT'S DIAGNOSIS.
CT SCAN WITH CONTRAST: BUN & CREA LAB VALUES, OBTAINED WITHIN THE PAST 30 DAYS, ARE REQUIRED FOR ALL PATIENTS OVER 50 YEARS OF AGE.
OUR FACILITY USES ONLY NON-IONIC CONTRAST.

Head

- Brain

Spine

- Cervical Spine
- Thoracic Spine
- Lumbar Spine

Body

- Neck
- Chest
- Abdomen
- Pelvis

Extremities

- Upper Extremity
 Left Right
- Lower Extremity
 Left Right

Contrast Please choose from the following:

- With Contrast IV Oral
- Without Contrast
- With & Without IV Contrast
- Known IV Contrast Allergy? Yes No

Patient Instructions for Nuclear Medicine Scans

Note: Patients should be well hydrated for all studies. Patients may take their usual medications unless instructed otherwise by their referring physician. Patients may also eat normally except for these studies:

- (1) All radioiodine studies for thyroid disease
- (2) Gastrointestinal studies
- (3) Myocardial perfusion imaging

BONE

Bone Scan (Whole Body, 3-Phase, SPECT) -- The total time commitment for the study is approximately four hours.

CARDIAC

Myocardial Perfusion Imaging -- Patients should have no solid food or caffeine for at least six hours prior to the test. They should, however, be well hydrated for the study. Patients may take their usual medications unless instructed otherwise by their referring physician. The total time commitment for the study is approximately two to four hours.

MUGA -- A sample of blood is drawn and labeled for re-injection. This requires approximately two hours.

CNS

Brain SPECT Scan -- The total time commitment for the study is approximately two hours.

ENDOCRINE

Thyroid Patients -- See thyroid patients section below.

I-123 MIBG Adrenal Scan -- Imaging is performed at 24 hours and occasionally at 48 hours after injection of I-123 MIBG. A number of medications can interfere with this test. The patient may be asked by the referring physician to hold or discontinue one or more medications prior to the study. The patient's list of medications should be made available to the nuclear medicine physician at the time of scheduling.

Parathyroid (Sestamibi) Scan -- The total time commitment for the study is approximately four hours.

GASTROINTESTINAL STUDIES -- Patients should have nothing by mouth except sips of water for at least four hours prior to the study. The total time commitment for these studies is from two to four hours depending on the study.

PULMONARY

Lung Scan (V/Q and Quantitative) -- The total time commitment for the study is approximately one hour.

GENITOURINARY

Renal Scan -- Patients may receive an oral dose of Captopril or an intravenous dose of Lasix depending on the indication. Patients may take their usual medications unless instructed otherwise by their referring physician. The total time commitment for the study is approximately two hours.

MISCELLANEOUS

Gallium Scan -- Imaging is performed 24, 48, and sometimes 72 hours after injection.

Labeled WBC Scan -- Two day protocol: On the 1st day 60 ml of blood will be drawn. This will take approximately 30 minutes. You will be asked to return about 4 hours later for intravenous administration of In-111 labeled WBCs. This will take approximately 15 minutes. The next day you will be asked to return for imaging. This will require approximately 2 hours.

Octreoscan (In-111) -- Imaging is performed at 4-6 hours, 24 hours and occasionally at 48 hours after injection of In-111. A number of medications can interfere with this test. The patient may be asked by the referring physician to hold or discontinue one or more medications prior to the test. The patient's list of medications should be available to the nuclear medicine physician at the time of scheduling.

Strontium/Samarium radionuclide therapy for bone pain -- Special arrangements should be made directly with the nuclear medicine physician.

Zevalin/Bexxar radionuclide therapy for lymphoma -- Special arrangements should be made directly with the nuclear medicine physician.

Thyroid Patients

Other than water, patients should have nothing by mouth 4 hours prior to the oral administration of the radioisotope. A serum pregnancy test is required for all women of childbearing age 72 hours prior to the I-131 administration.

Thyroid cancer patients should begin the low-iodine diet 2 weeks prior to the study. Labs (TSH, serum thyroglobulin, spot urine iodine) should be made available for all patients.

I-123 Whole body Scan with Thyrogen -- The patient will receive 2 intramuscular injections of Thyrogen. The injections will be administered on two consecutive days. An I-123 capsule will be administered orally on Tuesday afternoon and the patient will return on Wednesday for camera imaging. If therapy with I-131 has been prescribed, the I-131 capsule will be administered orally on Wednesday after the scan. Post therapy imaging will be scheduled for 8-12 days later and requires no additional preparation.

I-131 Therapy with Thyrogen -- The patient will receive 2 intramuscular injections of Thyrogen. The 1st injection will be administered on Monday and the 2nd injection on Tuesday morning. An I-131 capsule will be administered orally on Wednesday. Post therapy imaging will be scheduled for 8-12 days later and requires no additional preparation.

{ Note: If a scan or therapy is being performed after Synthroid withdrawal, Thyrogen will not be administered. The patient may be scheduled for Monday, Tuesday or Wednesday. The whole body scan will be performed 24 hours after I-123 administration. }

Thyroid Scan and uptake (I-123) -- Patients should avoid seafood for 3 days prior to the test. The patient should not receive iodinated contrast (e.g. CT contrast) for 6 weeks prior to the test. The patient should not be on thyroid replacement (Synthroid) or anti-thyroid medication (e.g. Tapazole or PTU) at the time of the test. An adjustment should be made by the referring physician if the patient is taking any of these medications.