



Woodburn Nuclear Medicine Metro Region PET Center

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Endocrine Referral Form

Call Stat Report Fax Report Phone Report

Patient's Name:	Appointment Date:	Appointment Time:
Referring Physician's Name:	Physician's Signature:	Physician's Phone/Fax: P: F:

Physician's Address:

Diagnosis (Reason for Testing / Comments / Special Remarks):

Please check (✓) all that apply.

For Thyroid Cancer Patients:

- Thyrogen or T4 Withdrawal
- Day 1 and Day 2 Thyrogen injections at Woodburn
- I-123 Whole Body Scan with I-131 Ablation to follow
- I-123 Whole Body Scan (Scan Only)
- I-131 Whole Body Scan (Scan Only)
- I-131 Treatment Only (High Dose for Thyroid Cancer)

- I-123 Thyroid Scan and Uptake
- I-131 Treatment (Hyperthyroidism)
- DEXA Bone Mineral Densitometry
- Parathyroid (Sestamibi) Scan
- In-111 Octreoscan (In-111)
- I-123 MIBG Adrenal Scan
- Other: _____

Please have nuclear medicine physician call to discuss I-131 dose. Yes No

- Please administer _____ mCi of I-131 ablation dose.
- Please administer appropriate dose for patient pathology and age.

CT Scan

PLEASE FORWARD ALL DIAGNOSTIC IMAGING REPORTS FROM THE PAST 12 MONTHS THAT PERTAIN TO THE PATIENT'S DIAGNOSIS.
CT SCAN WITH CONTRAST: BUN & CREA LAB VALUES, OBTAINED WITHIN THE PAST 30 DAYS, ARE REQUIRED FOR ALL PATIENTS OVER 50 YEARS OF AGE.
OUR FACILITY USES ONLY NON-IONIC CONTRAST.

Head

- Brain

Spine

- Cervical Spine
- Thoracic Spine
- Lumbar Spine

Body

- Neck
- Chest
- Abdomen
- Pelvis

Extremities

- Upper Extremity
 Left Right
- Lower Extremity
 Left Right

Contrast Please choose from the following:

- With Contrast IV Oral
- Without Contrast
- With & Without IV Contrast
- Known IV Contrast Allergy? Yes No

Patient Instructions for Nuclear Medicine Scans

Thyroid Patients

Other than water, patients should have nothing by mouth 4 hours prior to the oral administration of the radioisotope. A serum pregnancy test is required for all women of childbearing age 72 hours prior to the I-131 administration.

Thyroid cancer patients should begin the low-iodine diet 2 weeks prior to the study. Labs (TSH, serum thyroglobulin, spot urine iodine) should be made available for all patients.

I-123 Whole body Scan with Thyrogen -- The patient will receive 2 intramuscular injections of Thyrogen. The 1st injection will be administered on Monday and the 2nd injection on Tuesday morning. An I-123 capsule will be administered orally on Tuesday afternoon and the patient will return on Wednesday for camera imaging. If therapy with I-131 has been prescribed, the I-131 capsule will be administered orally on Wednesday after the scan. Post therapy imaging will be scheduled for 8-12 days later and requires no additional preparation.

I-131 Whole body Scan with Thyrogen -- The patient will receive 2 intramuscular injections of Thyrogen. The 1st injection will be administered on Monday and the 2nd injection on Tuesday. An I-131 capsule will be administered orally on Wednesday and the patient will return Friday for camera imaging.

I-131 Therapy with Thyrogen -- The patient will receive 2 intramuscular injections of Thyrogen. The 1st injection will be administered on Monday and the 2nd injection on Tuesday morning. An I-131 capsule will be administered orally on Wednesday. Post therapy imaging will be scheduled for 8-12 days later and requires no additional preparation.

Note: If a scan or therapy is being performed after Synthroid withdrawal, Thyrogen will not be administered. The patient may be scheduled for Monday, Tuesday or Wednesday. The whole body scan will be performed 24 hours after I-123 or 48 hours after I-131 administration.

Thyroid Scan and uptake (I-123) -- Patients should avoid seafood for 3 days prior to the test. The patient should not receive iodinated contrast (e.g. CT contrast) for 6 weeks prior to the test. The patient should not be on thyroid replacement (Synthroid) or anti-thyroid medication (e.g. Tapazole or PTU) at the time of the test. An adjustment should be made by the referring physician if the patient is taking any of these medications.

I-123 MIBG Adrenal Scan -- Imaging is performed at 4-6 hours, 24 hours and occasionally at 48 hours after injection of I-123 MIBG. A number of medications can interfere with this test. The patient may be asked by the referring physician to hold or discontinue one or more medications prior to the study. The patient's list of medications should be made available to the nuclear medicine physician at the time of scheduling.

DEXA Bone Mineral Densitometry -- Calcium supplements should be held beginning 48 hours prior to the test. No other preparation is required. The total time commitment for the study is approximately 20 minutes.

Octreoscan (In-111) -- Imaging is performed at 4-6 hours, 24 hours and occasionally at 48 hours after injection of In-111. A number of medications can interfere with this test, and the patient may be asked by the referring physician to hold or discontinue one or more medications prior to the test. The patient's list of medications should be available to the nuclear medicine physician at the time of scheduling.

Parathyroid (Sestamibi) Scan -- The total time commitment for the study is approximately four hours.